



Seattle SAKE Dragon Boat Club

Club Newsletter

December 10, 2010

Submit content or ideas for the next newsletter to comm@clubsake.com

MESSAGE FROM THE BOARD: *Make a Difference!*

Run for one of the three open positions on the Club SAKE board. During our annual meeting on March 1 at REI, the Club will select new board members for the following roles:

- President-Elect (formerly Vice President)
- Treasurer
- Equipment Manager

From first-hand experience, we can say that these roles are rewarding and fulfilling. The board positions provide a unique opportunity to work with a terrific group of members and to add value to a very special Club. While there is a commitment of time and effort, similar to any leadership role, the requirements are very manageable.

We encourage you to consider running for one of these positions, and we ask that you identify others within the Club whom you believe would add value in one of these roles. Let one of the Board members know if you are interested and/or if there are others you would suggest for consideration. Additionally, contact us with any questions about the board roles.

Details about the nomination/election process will be communicated shortly.

Take advantage of this unique opportunity to work with a great group of people and to improve your Club!

PADDLING WITH THE CHRISTMAS SHIPS

On Saturday evening, December 4th, 17 paddlers dressed as reindeer joined Steersperson Todd "Santa" Koyamatsu for a spin on the waters of Lake Washington. During this time, we soaked in the tremendous sights and sounds of the Christmas Ship parade.

The onlookers at Madrona Beach became very fond of our dragon boat and its paddlers, especially when serenaded by those on the boat.

A great time was had by all. Our fun was aided by the very mild weather, by the good company on the boat, and by a tasty dinner at the Moonlight Café.



SAVE THE DATE - 2011

>January 8

Race For Your Life

11:00am

2300 N. Northlake Way

Start the new year off with a long-distance paddle! See more details on page 2.

>March 1

Club Sake Club-Wide Meeting & Board Elections REI (Downtown Seattle)

Come join the entire club for this important annual meeting to review last year's accomplishments, financial reporting and, more importantly, Board Elections!

>September 3

Seattle Celebrating Life! Dragon Boat Festival Stan Sayres Park

Talk about planning early... this annual events benefits Team Survivor Northwest (TSNW). Check it out at www.seattledragonboatfestival.org

HAPPY HOLIDAYS!

Hope everyone enjoys the winter holidays and has a Happy New Year! Speaking of which, don't forget to make one of your new year's resolutions to ROTATE MORE!

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COME PADDLE EVERY WEDNESDAY!

Don't forget... open club-wide paddling practices held every Wednesday!

Need to pick up a little extra practice during the off-months? Come out Wednesday evenings from 6:30-8:00pm (Weather and count of paddlers permitting) at the South Dock. All the cool kids are doing it!

If you would like to be on the zoji-vite, contact Bea Wells (bea@miraclesandwonders.com) or Jean Vye (jeanvye@comcast.net) and they will hook you up!

WINTER PRACTICE SCHEDULE - UPDATED

- **Habu:**
Saturdays 8:00-10:00am
- **Hot Sake:**
Saturdays 9:30-11:30am
- **Survivor:**
Saturdays 8:00-9:30am.
- **Team Junior Spitfire:**
Saturdays 10:00am-12:00pm
- **Team Spitfire Sake:**
Tuesdays 6:30-7:30pm
(10/19, 11/2, 11/16, 11/30, 12/14, 12/28, 1/4, 1/18, 2/1, 2/15, 3/1, 3/15, 3/29, 4/5)
Saturdays 8:45-11:00am
(10/16, 11/13, 12/4, 1/8, 2/5, 3/5, 4/2)
Specific Sundays 8:45 - 11:00am
(10/24, 11/21, 12/19, 1/23, 2/20, 3/20, 4/10)
Contact Lesley Blyth at lblyth@starbucks.com if you would like to be added to their Team Cowboy practice invites/alerts.
- **Vintage:**
Saturdays 8:00-9:30am
- **Absolut, KemoSake and Sakeccino** will NOT conduct scheduled practices.

MEMBER REFERRAL PROGRAM – UPDATE!

Thank you to all members who recruited new unsuspecting members to help grow our Club! We appreciate your efforts in encouraging and introducing new people to the sport.

We will be sending out an email at the end of the year to notify those members who qualify for the discounted membership rate (1/3 off!). Qualification for the discount is based solely on whether the new member listed you as a referral on the insurance waiver they signed for their initial practice. Don't forget a special prize will also be awarded to the member who recruited the most individuals! Please contact Ilana Trager (pr@clubsake.com) or Peyton Gaunt (treasurer@clubsake.com) or if you have any questions.

TSNW's VOLUNTEER OF THE YEAR: Our Very Own KOICHI KITAZUMI

Each year, Team Survivor Northwest presents an award to the Volunteer of the Year. For 2010, two volunteers were selected for this honor -- one was Koichi Kitazumi, a long-time friend and supporter of both TSNW and Club SAKE. TSNW's Julie Gralow Volunteer of the Year award honors an individual who has made extraordinary contributions to TSNW.

Koichi has provided leadership of the **Celebrating Life! Dragon Boat Festival**, one of TSNW's annual fundraising events, since its inception. Koichi has put in countless hours in support of this event over the last 7 years. Pam Smith Mentz, the TSNW Board member who presented Koichi with the award at the annual Program Celebration meeting on December 3rd, noted that "we know Koichi has given over 2,000 hours to TSNW over the years." She added that "Koichi has been a constant champion, supporter and go-getter for the Celebrating Life! Festival. When I think of the criteria for the Julie Grawlow Award, I think of Koichi's gift to Team Survivor Northwest. Personally, I am in awe of Koichi's level of commitment. Although we have many amazing volunteers, I know of no other TSNW volunteer that has been involved in a leadership role with one of our fundraising events since its inception."

The Seattle Celebrating Life! Dragon Boat Festival is the single largest event to raise awareness of TSNW's mission and the accomplishments of women cancer survivors served by its programs. 34 members of Club SAKE are also TSNW members who directly benefit from Koichi's generosity of time and love of dragon boating.



RACE FOR YOUR LIFE! 2nd Annual NEW YEAR'S PADDLE

Start your new year out right with a 6.5-mile paddle and all for a good cause sponsored by! Participate in the "Race For Your Life" event sponsored by Paddling Dynamics that includes a paddle from Lake Union to Magnuson Park. The registration fee includes t-shirt, lunch, raffle ticket and free shuttle service after the race. This year Paddling Dynamic is focusing their fundraising efforts specifically for Team Survivor Northwest. More details here: <http://www.paddlingdynamics.com/challenge/>

If you are interested in organizing a Club Sake team for this great event, contact Dave Mentz at president@clubsake.com.