



# Seattle SAKE Dragon Boat Club

## Club Newsletter

February 21, 2011

Submit content or ideas for the next newsletter to [comm@clubsake.com](mailto:comm@clubsake.com)

### MESSAGE FROM THE BOARD – DON'T MISS THE MEETING ON MARCH 1!

We'll address a number of key topics at this meeting, including plans for a SAKE competitive team, the possibility of eastside expansion for Club SAKE, new plans for an external boat repair service and a coaching/paddling clinic. Lastly, you will be treated to a special surprise in the form of our multi-talented Club members!

Very importantly, Club SAKE members will elect new board members to fill the open roles (President Elect, Treasurer and Equipment Manager).

This meeting represents an important opportunity for you to learn about and provide input concerning new initiatives, and to have a voice in selecting the leaders who will serve as our new board members.

As a reminder, the meeting will be held on Tuesday, March 1 at 7 pm at the Downtown Seattle REI store.

### NEW YEAR'S CHALLENGE – GOOD RACE FOR A GOOD CAUSE

On Saturday, Jan. 8, Club SAKE was very well represented in the Race For Your Life/New Year's Challenge organized by Sail Sand Point Outrigger (SSPO) Club. Many of the proceeds from this race were directed from SSPO to Team Survivor Northwest (TSNW).

2 teams, Hot SAKE and a mixed Club SAKE team comprised mainly of Survivor members, participated in this endurance event. Congrats to both teams for a fun and successful race. Thanks to Hai and his loyal group of recruits for the great work with the boat transport! Thanks to Anne Chinn and Danny Chow for their excellence in serving as captains for the two boats.

Check out the story (starting at 15:14) on CityStream!  
<http://www.seattlechannel.org/videos/video.asp?ID=3071103>

### POLAR PLUNGE – CRAZY GOOD TIME!



I'm still having a hard time understanding WHY anyone would want to do this... but! 10 Sake members joined the other 65 crazy people of Seattle (including Seattle City Council President Richard Conlin) to plunge into Lake Washington at Mount Baker Beach January 1<sup>st</sup>.

Some plunged from the beach (Pam from TSS, Hai Tran from Hot and Bea from Kemo); some plunged from the dragon boat (Todd and Brogan from Vintage) and other paddlers joined in the fun: Collen Ferris, Barb Schubert, Tonee Bertalan, Matthew Goosen, Anita Steele, Wendy Ceccherelli, Ed Oshiro, Dave Mentz and Mika Imori.

Thank goodness Mika brought Peppermint Schnapp's to warm everyone up! Now that's thinking ahead!

### SAVE THE DATE

**>March 1**  
**Club Sake Annual Meeting**  
**7:00pm – 9:00pm**  
**REI (Seattle)**

Come vote! Come mingle! This important club-wide meeting happens only once a year and it's an opportune time to find out what the heck's going on!

**Reminder: In order to be eligible to vote you must have paid your 2011 dues.**

RSVP at

<http://new.evite.com/services/links/SFULZIXWOO>

Directions at

<http://www.rei.com/stores/11>

**>March 19**  
**Club Sake Captains Meeting**  
**Northeast Library, 6801 35th Ave. NE**  
**12:00-2:00pm**

All captains are asked to join the board for a meeting to kick off the new season and determine practice times!

**>May 7**  
**Windermere Cup 2011**  
**Montlake Cut, Seattle**  
Start getting your motors running! Believe it or not but the start of boat season isn't that far away!  
**Club Sake needs volunteers to fill 2 boats this year! If you are thinking of participating, please make sure you have a Club jersey. The Club is offering \$3.00 off if you are participating in Windermere.**

**>July 17**  
**Club Sake Picnic**  
**10:30am – 4:00pm**  
**Newcastle Beach Park**  
Mark your calendars NOW for this great annual event. More details to come!

**>September 3**  
**Seattle Celebrating Life!**  
**Stan Sayres Park**

## WEDNESDAY NIGHT PRACTICES

Reminder: March is the last month for the winter

Wednesday night practices!

If you want to join in the fun, contact Bea Wells

([bea@miraclesandwonders.com](mailto:bea@miraclesandwonders.com)) or Jean Vye

([jeanvye@comcast.net](mailto:jeanvye@comcast.net)).

## CORPORATE MATCHING IS GREAT!

Thanks to Saki Tong and Eric Broberg for submitting their volunteer time to their employer for a matching donation! We encourage everyone who works for a corporation that offers this program to participate! It's a great way to raise money for your team and for the Club!

## UPCOMING 2011 RACES & FESTIVALS

> April 30

St. Martin Olympia

> May 14

Tacoma Rainier

> June 11

Portland Rose Festival

> June 11-12

Vancouver Alcan

> June 25-26

Toronto

> July 2-3

Whistler

> July 9

Kent Cornucopia

> July 23

Harrison

> July 30-31

Long Beach

> August 13-14

Victoria

> August 27

Tacoma Maritime

> September 3

Celebrating Life! Seattle

> September 10

Portland Sellwood

> September 17

Kelowna International

> September 24

San Francisco

> October 15

Las Vegas

> October 22

San Diego

## NOTICED SOMETHING MISSING? 2 6-16s IN FOR REPAIRS

On Saturday, Feb. 19, paddlers from Vintage and Survivor braved the blustery weather and helped the Club paddle two of our 6-16's down to Stan Sayres Park in order to prepare them for the trailer ride to a third-party repair shop for some much needed bench repairs. Hai Tran and Dave Mentz coordinated the mission, and we had help from TSS and Hot Sake members to transfer the boats from the water to the trailer. Thanks to Ken Kroeger for lining up Kevin Fitzpatrick from SSPO to tow our boats and thank you to everyone who helped!



## LET'S GET PHYSICAL: CLUB SAKE COMPETITIVE TEAM

As you may know, there has been a lot of discussion regarding the potential for a competitive team to represent Club Sake. Lesley Blyth has kindly offered to take this initiative on and is working to create a competitive team to participate in a single out-of-town event this year. If you are interested in learning more about this exciting initiative, contact Lesley directly at [lblyth@starbucks.com](mailto:lblyth@starbucks.com).

- Objective criteria for making the team will be try-outs for the team, comprising time trials in a one person outrigger canoe, and some physical exercises (e.g., plank, push-ups); results will be used to rank paddlers
- Subjective criteria, such as willingness to receive feedback, adaptability, being an engaged team member, will play a significant part in selection
- Practices will span 3-4 months but will be every two weeks
- The desire is to minimize impact on existing teams by scheduling practices only every 2 weeks and selecting an event few Sake teams usually participate in
- Try-outs are likely to occur in late March/early April

## GET SPIFFY: PRE-ORDER CLUB SAKE MERCHANDISE

Club Sake is taking pre-orders for paddles, Club jerseys and Stohlquist gear. In order to maximize group savings/benefits, there will be fewer orders throughout the paddling season. If you plan to attend the Annual Meeting on March 1st, there will be sign up lists and some product samples. If you can't be at the meeting, email your order (with sizes indicated) to Gordon at [gordhom@yahoo.com](mailto:gordhom@yahoo.com).

**Club Sake Jerseys:** *This will be the only time members will have an opportunity to order a Club jersey this season so act now. If you are thinking of participating in the Windermere Cup this year, you should order your jersey NOW.* Same look as the classic Club jersey except updated with "Club Sake" on each sleeve. Made of lightweight wicking material by Sport-Tek. Jersey is a bit form fitting so you may wish to order one size larger than your normal size. Available in long or short sleeve in Men's and Women's sizes. Price is TBD based on final quantity (about \$20 for short and \$25 for long sleeve).

**Paddles:** This is the only opportunity this season to order a Club paddle. In order to get a discount, the Club must have a minimum paddle order. If you want a Performance Grey Owl wood paddle or thinking of moving up to a carbon paddle, email your name and preference. Grey Owl paddles will cost \$50-60. Carbon paddles will depend on the manufacturers Gordon selects this year and there may be an option for a traditional IDBF spec carbon paddle or the new IDBF spec carbon paddle and prices will vary.